

# ***Behavioral Health in New Hampshire***

**House Finance Committee  
February 3, 2017**



# Agenda

---

2

- ▶ **Division for Behavioral Health**
- ▶ **Mental Health & Substance Use: The Basics**
- ▶ **Mental Health Delivery System**
- ▶ **Community Mental Health Agreement**
- ▶ **Substance Use Delivery System**



# **Division for Behavioral Health**



# Division for Behavioral Health

---

4

- ▶ **Division created in March 2016**
- ▶ **Unifies DHHS programs addressing behavioral health needs of adults and children**
- ▶ **Includes the Bureaus of Mental Health, Children's Behavioral Health and Drug and Alcohol Services**
- ▶ **Includes two facilities—New Hampshire Hospital and Glencliff Home**



# **Mental Health & Substance Use: The Basics**



# Mental Health & Substance Use Disorder: The Basics

6

- **Estimated by Substance Abuse & Mental Health Administration (SAMHSA) that in NH:**
  - **8% of population has a substance use disorder (SUD)**
  - **5.2% of children have a Severe Emotional Disturbance (SED)**
  - **4% of adult population has a Severe Mental Illness (SMI)**
    - » **Defined as a substantial functional impairment**
- **Broader definitions of mental illness and substance misuse encompass a larger portion of the population**
- **In SFY 2016, DHHS-funded programs served:**
  - **11,714 adults with SMI**
  - **9,234 children with SED**
  - **~10,000 with SUD**



# **Mental Health Delivery System**



# Mental Health System in NH

- **Provider system consists of:**
  - **Community Mental Health Centers in 10 designated geographic regions**
  - **2 Community Mental Health Providers**
    - **Address housing needs**
  - **Peer Support Agencies in 10 regions**
  - **Family Mutual Support Organization**
    - **NAMI-NH**
  - **2 State facilities**
    - **NH Hospital-acute psychiatric hospital (168 beds)**
      - **4 Designated Receiving Facilities—Cypress Center (16), Portsmouth Regional Hospital (8), Franklin Regional Hospital (10) and Elliot Hospital (12)**
    - **Glenclyff Home-long term care/nursing home (120 beds)**





# Mental Health System in NH

- **The Mental Health System is funded by:**
  - **SAMHSA Block & Other Grants**
  - **Medicaid Fee for Service, Standard Medicaid, NH Health Protection Program (NHHPP)**
  - **General Funds**



# **Community Mental Health Agreement**



# Community Mental Health Agreement (CMHA)

11

- **In 2014, the State entered into the CMHA in the Amanda D. case, which alleged the State was unnecessarily institutionalizing individuals with Severe Mental Illness. Major components include:**
  - **Assertive Community Treatment (ACT)-expand capacity and enhance staffing**
  - **Mobile Crisis Teams & Apartments—Concord, Manchester, Nashua**
  - **Supported Housing—increase units through Housing Bridge Subsidy Program**
  - **Community Residences**
  - **Supported Employment—increase number of individuals engaged in employment activities**
  - **Family & Peer Supports—maintain supports**
  - **Transitions—standardized processes for all individuals at NHH and Glencliff Home**
  - **Quality Assurance & Performance Improvement—measure and assess quality of services**



# **Substance Use Delivery System**



# Substance Use System in NH

- **Funded with SAMHSA Block & other grants, Medicaid, NHHPP, Governor's Commission on Alcohol & Drug Abuse, Prevention, Treatment, and Recovery (Alcohol Fund), State General Funds, Provider system consists of:**
- **Prevention Services**
  - Over 40 middle & high schools
  - Juvenile Diversion
  - Life of an Athlete
- **Specialty Treatment Programs**
  - 15 contracts with DHHS
- **Crisis Intervention Services**
  - Crisis Line, NH Treatment Locator, Regional Access Points, Hospital-based coordinators, Naloxone distribution,
- **Peer Recovery Support Organizations**
  - Facilitating Organization and direct contracts



# Opioid Response in NH

- **Funded with SAMHSA Block & other grants, Governor's Commission on Alcohol & Drug Abuse, Prevention, Treatment, and Recovery (Alcohol Fund), State General Funds, special appropriation (SB 533)**
- **Focusing on:**
  - **Building capacity (in conjunction with 1115 Medicaid Transformation Waiver)**
  - **Expansion of services**
  - **Workforce development**
  - **Crisis response**
  - **Peer recovery supports**
- **Multi-agency efforts**
  - **Weekly meetings convened by Governor's Office**
    - **Education, Corrections, Safety, Justice, Courts, Insurance**



# Division for Behavioral Health Contacts

15

- **Division Director Katja Fox:**
  - 271-9406, [katja.fox@dhhs.nh.gov](mailto:katja.fox@dhhs.nh.gov)
- **BMHS Director Michele Harlan:**
  - 271-8376, [michele.harlan@dhhs.nh.gov](mailto:michele.harlan@dhhs.nh.gov)
- **BCBH Director Erica Ungarelli:**
  - 271-5006, [erica.ungarelli@dhhs.nh.gov](mailto:erica.ungarelli@dhhs.nh.gov)
- **BDAS Director Joe Harding:**
  - 271-6104 , [joseph.harding@dhhs.nh.gov](mailto:joseph.harding@dhhs.nh.gov)

